



Mr Richard Plaster  
 Serenity Sailing  
 34 Gilbert Close  
 Kempston  
 Bedfordshire  
 MK42 8RN

**Spain phone:** (+34) 638 056 224  
**UK phone:** (+44) 07766 975 874  
**Email:** enquiries@serenitysailing.com  
**Web:** www.serenitysailing.com

## Individual Booking Form

Please also read our booking **Terms and Conditions**; then complete this booking form before returning it via email or post it to one of the above addresses.

**Cheques payable to R. Plaster.** Credit card and internet bank transfers also possible.

<b>PERSONAL INFORMATION</b>			
Name		Next of kin	
Address		Address	
Postcode		Postcode	
E-Mail		E-mail	
Home tel		Emergency contact telephone number	
Work tel		Permission to email	Yes    No
Mobile		Relationship	

Occupation		Passport No.	
Date of birth		Smoker	Yes    No
How did you first hear about Serenity Sailing?			

<b>FLIGHT DETAILS</b>	
Arrival date & time	
Arrival flight number	
Departure date & time	
Airport you are flying from & to	
Flight operator	

<b>SAILING EXPERIENCE &amp; QUALIFICATIONS</b>	
Qualifications & experience	Date(s) & miles

<b>DIETARY REQUIREMENTS</b>	
Please advise if you have any special dietary requirements e.g. vegetarian / allergies	

<b>HEALTH DECLARATION</b>	
Illness or medical conditions need not necessarily prevent you from taking a full part in our activities, but the Principal or Skipper / Instructor must be aware of any relevant condition health conditions you may have. If you are in <b>ANY</b> doubt about your fitness to take part in the activity your GP should be consulted prior to course commencement.	
I declare that to the best of my knowledge I am not suffering from epilepsy, giddy spells, asthma, diabetes, angina, other heart conditions or other disability <u>not declared</u> . I consider myself fit to participate in the course / voyage.	
<b>Signed:</b>	<b>Date:</b>
Details of any relevant condition, medical treatment or prescribed drugs being received / taken. (If none, please write <u>NONE</u> ).	
<b>SWIMMER:</b>	<b>YES / NO</b> <i>(Delete as applicable)</i>
<b>DO YOU HAVE PERSONAL ACCIDENT INSURANCE COVER?</b>	<b>YES / NO</b> <i>(Delete as applicable)</i>

<b>COURSE DETAILS</b>	<b>COURSE COSTS</b>	<b>COURSE DATE</b>
Competent Crew		
Day Skipper – theory / practical		
Coastal Skipper – theory / practical		
Skippered charter		
Mile-building		
Sail experience		
Powerboat Level 2 / ICC		

<b>PRICE INCLUDES</b>	<b>EXCLUDES</b>
Safety equipment	Wet weather gear
Breakfast, lunches & refreshments onboard	Personal accident insurance
Pillows, bed linen & towels	Air fares

**Booking declaration**

I certify that I have read and agree to the booking terms and conditions, and that my booking is made upon and subject to those terms.

Signed:

Date:

***All information provided in this document is treated as confidential and private information. A copy of this document will be given to the skipper as part of Serenity Sailing's safety procedures.***